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After having had the privilege of getting to know The Inner Compass, I keep it visible on my desk and reference it almost daily. It helps me tap into my own wisdom and make better decisions.

CEO, FINANCIAL SERVICES INDUSTRY

THE INNER COMPASS® OF CONSCIOUS LEADERS

The Inner Compass® raises the awareness levels of leaders. It represents an experiential path towards self discovery and an enhanced sense of intuition.

As the Inner Compass Leadership Retreat is clearly positioned in the context of leadership, participants gain a more thorough understanding of their inner self and the impact their persona has on their immediate environment. Conscious leaders are more capable of shaping their leadership role in ways that delivers measurable results. Become the leader in you!

While I struggled to explain the effect that this retreat has had on me, the people in my life can feel it. At work and privately I am calmer and more focused on making meaningful and lasting impact, rather than getting worked up about short term grievances.

CEO, AUTOMOTIVE INDUSTRY

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*By recognising and accepting my own ego-patterns
I have been able to transcend them and transform
my leadership style.*

LEADER, RETREAT DELEGATE

WHO IS IT FOR?

The Inner Compass® Retreat is designed for all levels of management who desire to understand their inner self better. It is for all leaders who wish to be as authentic and purpose driven as possible, to maximise their positive influence on their environment.

HOW THE PROGRAMME WORKS

- A psychometric test taken prior to the retreat
- 2.5 day intense, transformational offsite immersion retreat
- Highly experiential path towards self-discovery, exploring strengths, weaknesses, desires, fears
- Variety of mindful exercises – such as yoga, meditation & relaxation to proactively change the state of mind and develop stillness, clarity and insight

PROGRAMME FOCUS

Day 1: Truth & Awareness

Participants discover more about who they really are and become increasingly aware of their strengths and shadows

Day 2: Purpose & Intention, Humility & Trust, Forgiveness

Participants set a purpose driven direction and learn what might be preventing them from being their most impactful self

Day 3: Passion & Gratitude:

Participants reflect on how to use their new self-knowledge to become a more conscious leader

WHAT IS INCLUDED?

- 2.5 days of seminar work
- 2 x 50 minute yoga sessions
- All meals and refreshments
- All workshop materials inc. plus personality test and notebook



WWW.STRATEGICLEADERS.COM