



## PROFILE

# CARSTEN PFAHLERT

## EXECUTIVE SUMMARY

Carsten is an experienced trainer and coach delivering programmes across Europe, Asia and North America. He is known for creating a safe environment to eliminate barriers to learning and growth. He values diversity and inspires others to share their visions of the future and guides the exchange of information by involving everyone. He easily connects to individuals and groups and is passionate about the process of learning and development. With a background in the pharmaceutical industry he supports teams to apply learnings in day-to-day reality. Clients value his energy and sensibility.

## AREAS OF SPECIALTY

### Leadership

Carsten delivers programmes to develop and strengthen leadership skills. Typically, these programmes span over a period of several months and cover areas like inspiring communication, self-awareness, networking and motivational skills. As a certified Kirkpatrick training professional, he pays attention to the sustainability of behavioural changes. Clients value his use of disruptive exercises to break routines and to overcome obstacles.

### Project and Stakeholder Management

Carsten works with cross-functional teams to implement project management methodology and to overcome silo-thinking and communication obstacles. He focuses on broadening the behavioural range of individuals to increase team efficiency and to gain personal satisfaction. Carsten's background in project management methodology is an asset when it comes to understanding project requirements and how to develop professional skills to improve stakeholder management and communication.

### Coaching & Mentoring

Carsten is a Certified Professional Co-Active Coach (CPC) and Professional Certified Coach (PCC) with the International Coach Federation. Carsten works with individuals and groups on leadership skills, personal growth, and life coaching. At present he counts more than 600 coaching hours, with clients from all levels from associate to vice president.

## CLIENTS

Carsten has trained and coached managers and executives from companies such as: AXA, BMW, Celgene, EUMETSAT, Merck, Nestlé, Novartis, Roche, Schneider Electric, Telefónica and others.

## QUALIFICATIONS

- Professional Certified Coach (PCC), International Coach Federation
- Certified Professional Co-Active Coach (CPC), The Coaches Training Institute
- Certified DISC Trainer, Everything DISC
- Certified in Innovative People Development, Global Academy of Finance and Management
- Kirkpatrick Four Levels Bronze Level, Kirkpatrick Partners
- Project Management Professional (PMP), Project Management Institute
- Ph.D. in Biology (Neurophysiology), University of Göttingen
- Years of Training & Development Experience: 10+
- Years of Management Experience: 10+



STRATEGIC LEADERSHIP

## CONTACT

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