



WHAT YOU CAN EXPECT:

- Well structured, individual executive coaching sessions
- Someone to help you see positive angles, maintain focus, and stay productive
- An 'on-call-coach' - available for you to reach out to in between sessions
- Our coaches are conscious, pragmatic and invested in your success
- A partner that helps you achieve your performance related targets
- A sounding board for your leadership communication towards your team



CONSCIOUS COACHING IN CHALLENGING TIMES

EXPERT 1:1 SUPPORT FOR MANAGERS NAVIGATING DISRUPTION & UNCERTAINTY

In current times, dominated by COVID-19, Strategic Leadership are doubling efforts to be of value. We are offering this remote **customised coaching package** for individual managers. It helps you reduce stress and uncertainty and be the strongest version of yourself, with support from an experienced executive coach.

Our coaches are '**always there**' for their coachees, ensuring they feel genuinely cared for. They provide structured calls and a use blend of other tools to support managers trying to navigate and **manage the disruption** caused by the pandemic.

The **topics keeping managers awake at night** are systematically addressed by our coaches, thereby helping to release some anxiety. Furthermore, managers receive help in leading a crisis situation, this includes; being aware of people's emotional state, adjusting one's leadership style (perhaps you may need to be more decisive than normal), leading remotely and how to provide clear leadership communication to worried team members.

info@strategicleaders.com
www.strategicleaders.com



STRATEGIC LEADERSHIP



WHAT'S KEEPING YOU AWAKE?

Our coaches address possible topics keeping your managers awake at night, in these unprecedented times. They help answer:

- How do I respond to this mess in the short term? What do I tell my people?
- How will I handle possible head-count reductions, reduced work hours and budget cuts?
- How do I speak to them, in ways that they relate to, now that they are so fearful?
- How will we make due with limited resources?
- How will I keep motivation levels and productivity at high enough levels to perform?
- How will we continue to perform and find our way to recovery?



HOW DOES IT WORK?

A bespoke coaching programme is designed with each individual at the start, resulting in a personal coaching contract.

Although the manager being coached always decides the focus of each coaching discussion, we know from experience that in times of crisis, people like their coach to systematically guide them to see situations from various angles.

Here are examples of the questions managers often find valuable:

- What am I aware of in my current state (mental, emotional, physical etc?)
- What personality strengths of mine can I consciously deploy more?
- What robs me of energy in these tough times and what gives me energy?
- What does my team, or employer, need from me?
- How do I feel about these needs and how can I respond to them?
- What leadership style adjustments do I need to make?
- What messages need to be communicated and how do I best communicate them?
- What is the best possible scenario that could be reached?

Sessions are always tailored around the leader's needs and specific scenarios.



WHAT ELSE CAN I EXPECT?

In addition to the private coaching sessions, this package includes personality profiling tests, links to helpful videos, articles, podcasts and even books, that are relevant to your situation.

Most importantly, your coach is **'on call'** outside of the scheduled coaching sessions - at any time. We realise that we all need to make an extra effort in these challenging times.

CONSCIOUS COACHING IN CHALLENGING TIMES IS A 6 MONTH PACKAGE, WITH 1-2 SCHEDULED SESSIONS PER MONTH + UNLIMITED ACCESS OUTSIDE THE SESSIONS