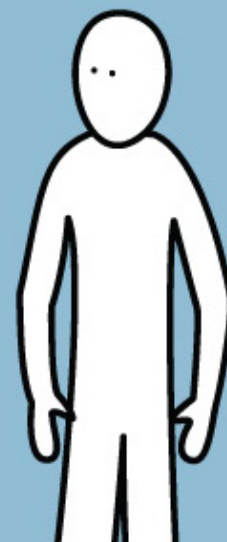


# YOUR PEOPLE ARE LOOKING TO YOUR LEADERS RIGHT NOW...



*Do not judge me by my success, judge me by how many times I fell down and got back up again.*

NELSON MANDELA

## TRULY RESILIENT TEAMS: LIVE ONLINE SESSION

1ST JULY 2020 - 12-13.00 BST

This **one hour** one session gives a different perspective on the popular topic of resilience. Rather than focus solely on the issues around personal resilience such as wellbeing (sleep, rest, nutrition etc.) - we explore the topic from a leadership perspective. We discuss what leaders need to do in order to create and sustain, a truly **resilient team**. We will introduce you to some of the most challenging **barriers** to overcome when building a resilient team, this includes:

- Avoidance of important conversations or conflict due to discomfort
- Fear based behaviours and silo thinking
- Lack of clarity and non-productivity through over-thinking
- Difficulties with transparency, openness and trust

We will use the best regarded model of team dynamics; 'The **5 Dysfunctions of a Team**' to explore what you or your team leaders could be doing to develop a team dynamic that genuinely fosters a culture of resilience and support.

### You can expect:

- A high quality, well structured, online presentation with best practice group sessions
- Ideas and tips from an experienced consultant with a wealth of personal resilience ideas
- Open discussions with other people in a similar situation
- Proven exercises to take away and apply with your team(s)

TO RESERVE YOUR PLACE, EMAIL

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